

Eugene and Springfield Area Cancer Support Groups

All support groups are free. For more information please call (541) 683-5001. Unless otherwise noted, support groups meet at the Willamette Valley Cancer Center, 520 Country Club Road, Eugene, Oregon.

Breast Cancer Support Group

Date: Tuesday 5:15 pm - 6:15 pm.
Info: A support group for cancer patients only.

Coping with Loss

Date: Wednesday 6:30 - 7:30,
Location: Willamette Valley Cancer Center
2260 Marcola Road
Springfield, OR
Info: A support group for cancer patients, family members, friends to talk about grief and loss.

Educational series

Date: Tuesday 5:30-6:30 pm
Info: On going 6wk drop-in informational classes

Look Good ... Feel Better

Date: 2nd Monday of each month.
Contact: 434-3114
Info: Cosmetology professions help with makeup application & choice of wig, scarves, turbans & hats.

Meditation

Date: Tuesday, 7:00 - 8:30 pm,
Location: St. Jude's Catholic Church
4330 Willamette Street
Eugene, OR
Contact: 344-1191
Info: Mindfulness and awareness practice.

Multiple Myeloma Support Group

Date: 3rd Wednesday of each month. 12:00pm-1:30pm.
Info: A support group for patients, family members and friends. Lunch provided.

Ovarian/Gynecological Support Group

Date: 2nd Monday of each month. 11:00am - 1:00 pm.
Info: An informal support group for cancer patients.

Prostate Support Group

Date: 1st Thursday of each month. 6:30 pm - 7:30 pm.
Info: A support group for patients only.

Survivorship Cancer Support

Date: Wednesday 4:45 pm-5:45 pm.
Info: A support group for cancer patients, family members and friends.

Transitions

Date: Thursday 5:15 pm - 6:15 pm.

Info: A support group utilizing complimentary and creative strategies in coping with life changes.

Yoga

Location: Tamarack Wellness Center

3575 Donald Street

Eugene, OR

Contact: 484-6100

Info: Gentle Hatha yoga free for cancer patients.