



The Aesthetics Center at Women's Care

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Leg Vein – LV

Pre-Treatment

- Avoid skin irritation or intentional skin tanning. Sun-screen is advisable when outdoors during daylight hours.
- **Arrive for treatment with clean skin.** There should be no lotion, make-up, SPF, perfume, powder, or bath/shower oil present on the skin in the area to be treated.

Treatment Protocol

- Average number of treatments is **3**.
- Treatment interval is **4-6** weeks for the face and **6-8** for the body.
- Spacing may be longer due to long resolution time, which is dependent on the vessel size.
- Perform maintenance sessions when new lesions appear.

Post-Treatment Care

- If needed cool the treated area immediately following treatment with cold (not frozen) packs.
- Blistered or ulcerated skin can be treated with a prescribed antibiotic ointment, aloe vera, or burn treatment cream.
- During the first two days following treatment, care should be taken to prevent trauma to the treated site: avoid hot baths, massage, excessive physical activities, etc.
- If scabs appear after blistering, they should be kept soft with a lubricating cream.
- The patient should use high factor sunscreen (at least 30 SPF) and protect the treated area from sunlight for at least one month after the treatment. Tanning after treatment may cause hyper pigmentation.