



The Aesthetics Center at Women's Care

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Matrix - Wrinkle Reduction

Pre-Treatment Preparation

- Avoid skin irritation or intentional skin tanning. Sun-screen is advisable when outdoors during daylight hours.
- Discontinue any irritant topical agents for 2-3 days prior to treatment.
- Arrive for treatment with clean skin. There should be no lotion, make-up, perfume, deodorant, powder, or bath/shower oil present on the skin in the area to be treated.
- Shave if applicable.

Treatment Protocol

- Typically **2-3** treatments at **6-8** week intervals.
- Maintenance treatment every **~6** months according to individual response, due to natural process of aging.

Combination: Matrix IR treatment may follow **SRA** and/or **ST** treatment in the same session.

Post-Treatment Care

- It is recommended to cool the treated area immediately following treatment with cold (not frozen) packs, air cooling with **SynerCool**, etc.
- Blistered or ulcerated skin can be treated with a prescribed antibiotic ointment or burn treatment cream.
- During the first two days following treatment, care should be taken to prevent trauma to the treated site: avoid hot baths, massage, etc.
- If scabs appear after blistering, they should be kept soft with a lubricating cream.
- The patient should use high factor sunscreen (> SPF 30) and protect the treated area from sunlight for at least one month after the treatment. Tanning after treatment may cause hyperpigmentation.