

THE FERTILITY CENTER OF OREGON

Infertility • Reproductive Endocrinology

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Progesterone Support Instructions for ART Pregnancy

Name: _____ LMP: _____ EDC: _____

Standard IVF Cycle

1. Continue Progesterone 50 mg IM (1 ml) injection each evening until first pregnancy test. Instructions will be given if pregnancy test is positive.
2. Begin Progesterone vaginal capsules the day after embryo transfer, 100 mg per vagina, 3 times a day (every 8 hours) through the 12th week of pregnancy.
3. At the beginning of the 13th week (_____), decrease PVC to twice a day (morning and evening) for 4 days, then once daily at bedtime for 3 days, then stop.

Frozen Embryo Thaw and Transfer Cycle

and

Egg Donation IVF Cycle

1. Continue Progesterone injections (100 mg or as directed) once a day (p.m.) through the end of the 9th week of pregnancy (_____).
2. At the beginning of the 10th week (_____), change to Progesterone Capsules (PVC) 100 mg per vagina three times a day (every 8 hours) through the end of the 12th week of pregnancy(_____).
3. At the beginning of the 13th week (_____), decrease PVC to twice a day (morning and evening) for 4 days, then once daily at bedtime for 3 days, then stop.
4. Continue Estrace pills or Estradiol Valerate injections on the same schedule you have been on and stop at the same time as you stop Progesterone.