



The Aesthetics Center at Women's Care

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Skin Rejuvenation Advanced - SRA

Pre-Treatment Preparation

- Avoid skin irritation or intentional skin tanning. Sun-screen is advisable when outdoors during daylight hours.
- Discontinue any irritant topical agents for 2-3 days prior to treatment. (Retinoic Acid or Vitamin A derivatives)
- **Arrive for treatment with clean skin.** There should be no lotion, make-up, SPF, perfume, deodorant, powder, or bath/shower oil present on the skin in the area to be treated.

Treatment Protocol

- Typically **3-5** sessions, **4-6** weeks apart are sufficient.
- **Touch-up** of **1** session may be needed every **4-8** months.

Post-Treatment Care

- If needed cool the treated area immediately following treatment with cold (not frozen) packs.
- Blistered or ulcerated skin can be treated with a prescribed antibiotic ointment, aloe vera, or burn treatment cream.
- During the first two days following treatment, care should be taken to prevent trauma to the treated site: avoid hot baths, massage, etc.
- If scabs appear after blistering, they should be kept soft with a lubricating cream.
- The patient should use high factor sunscreen (minimum SPF 30) and protect the treated area from sunlight for at least one month after the treatment. Tanning after treatment may cause hyper pigmentation.