

## General Preoperative Checklist

### Before Surgery:

\_\_\_\_\_ Complete your Pre-Admission Testing.

\_\_\_\_\_ Schedule your post-operative office visit.

During the 7-day period preceding your surgery:

- **DO NOT TAKE ANY ASPIRIN OR PRODUCTS CONTAINING NON-STEROIDAL ANTI-INFLAMMATORY INGREDIENTS**, e.g., Advil, Motrin, Bufferin, etc. Please note that many over-the-counter medications contain aspirin and/or non-steroidal anti-inflammatory ingredients. **Please inform your physician immediately if you regularly take aspirin.** For management of headaches and pain, during this period you may use Tylenol and Tylenol Extra Strength.
- **DO NOT TAKE ANY HERBAL MEDICATIONS OR NUTRITIONAL SUPPLEMENTS.**

\_\_\_\_\_ Do not eat ANYTHING after midnight the night before your surgery